

“OUT OF THE DARK...”

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“...into a clear blue sky.” The first line of one of my favorite songs reminiscent of the 1960s, by Yardbird drummer Jim McCarty. I posted this before, but that’s about how I feel.

<http://www.youtube.com/watch?v=NVYKNNcj4HY>

Only the dark here is just my determined focus to get some of these videos for the “Spirit Grooves” shows done, and here are three of them, each ½ hour or so long. I am learning.

Solar Storms and the Psyche

<http://www.youtube.com/watch?v=0mu56w87oVE>

Solar Flares and the Mystic Sun

<http://www.youtube.com/watch?v=tHwdcvynOpA&feature=youtu.be>

Solar Eruptions and Creativity

http://www.youtube.com/watch?v=L6HF_q71x6c

Other than the above, it is about 9 degrees above here, early morning, and I am about to begin a video on shamanism, not in the jungles of the Amazon, but here and now in America.